



CANTEEN MENU 2025

🟢 GO FOR IT! - Healthy Choice. Healthy Star Rating 3,4 & 5
🟠 GO EASY! - Occasional Choice

(V) Vegetarian (VG) Vegan
(GF) Gluten Free

SANDWICHES/ROLLS/WRAPS

BUILD YOUR OWN DELI ITEM

Starting at \$2.50

- 🟢 Bread: Sourdough/Multigrain/Gluten Free
- 🟢 Rolls: Sourdough/Multigrain
- 🟢 Wraps: Sourdough/Gluten Free
- 🟢 Fillings @ \$1.00 each:
lettuce/carrot/tomato/pineapple/cucumber/beetroot
- 🟢 Fillings @ \$1.50 each:
ham/ chicken/falafel/tuna/egg/spinach/avocado/cheese

Complimentary condiments:
dairy spread/dairy free spread/mayonnaise (GF)/salt/pepper

Serving Option:
Toasting \$1.00

Please indicate your preference in NOTES.

HOT FOOD

- 🟢 Oven Baked Sweet Chilli Tender \$2.00
- 🟢 Oven Baked Chicken Nuggets (6) \$6.00
- 🟢 Steamed Beef Dim Sims (3) with Sauce \$4.00
- 🟢 Pizza Varieties Starting at \$5.00
- 🟢 Homemade Meal Varieties \$8.00
- 🟠 Savoury Pastry Varieties \$8.00
- 🟠 Meat Pie \$6.00
- 🟠 Small Meat Pie / Small Pastie \$3.00
- 🟠 Sausage Roll \$3.00
- 🟠 GF Meat Pie \$8.00
- 🟠 GF Small Meat Pie \$3.00
- 🟠 GF Sausage Roll \$3.00
- 🟢 Instant Noodle Cup varieties \$4.00
- 🟢 Homemade Soup & Roll \$6.00
- 🟢 Sweet Chilli Chicken Wrap \$8.00
(Chicken Tender, Lettuce, Cheese, Chilli Mayo)
- 🟢 Chicken Schnitzel Roll \$7.00
(Chicken Schnitzel, Lettuce, Cheese, Mayo)

CHILLED ITEMS

- 🟢 Cheese & Cracker Varieties starting @ \$4.00
- 🟢 Fruit Salad Cup (V,GF,VG) \$2.00
- 🟢 Yoghurt Varieties starting @ \$4.00

FROZEN ITEMS

- 🟠 Yoghurt Zing Fruit Tube \$2.00
- 🟠 Sour Zing Fruit Tube \$2.00
- 🟢 Probiotic Yoghurt Cup \$4.00
- 🟢 Milo Cup \$5.00

SNACKS

- 🟢 Seasonal Fresh Fruit \$1.00
- 🟢 Air Popped Popcorn \$1.00
- 🟢 Savoury Snack Pack Varieties starting @ \$2.00
- 🟠 Sweet Snack Pack Varieties starting @ \$2.00
- 🟠 Bakery Baked Varieties starting @ \$3.00
- 🟠 GF Bakery Baked Varieties starting @ \$4.00

COLD DRINKS

- 🟢 Natural Spring Water 600ml \$2.50
- 🟢 Sparkling Spring Water 500ml \$3.00
- 🟢 Infused Sparkling Water 300ml varieties \$3.00
- 🟢 Nippy's 250ml Iced Milk \$3.00
Chocolate / Strawberry
- 🟢 Nippy's 375ml Iced Milk \$5.00
Chocolate/Strawberry/Coffee/Honeycomb
- 🟢 Emma & Toms 350ml Smoothie varieties \$5.00
- 🟢 Just Juice 200ml varieties \$3.00

SPECIALS

Daily, Weekly and Seasonal menu options are conveniently located to view & order 24/7 online

Order now via the Spriggy app

Download the app now!



Over the counter ordering & cash sales still available:
Tuesday - Friday, 8.30am - 1.30pm